



OWN IT

OWN THE FACT THAT YOU ARE DIFFERENT.

OWN THAT YOU ARE A DEEP FEELER AND THINKER.

OWN THAT YOU ARE TUNED INTO A DIFFERENT FREQUENCY.

OWN THE FACT THAT YOU SENSE THINGS OTHERS DON'T.

OWN THE FACT THAT YOU WANT TO TALK ABOUT ANGELS,
ENERGY, MIRACLES AND SPIRITUALITY.

OWN THAT YOU'RE DONE HOLDING YOURSELF BACK.

OWN THAT YOU CRAVE FREEDOM TO FEEL THE NOW.

IT'S OK IF YOUR FAMILY DON'T GET YOU.

IT'S OK IF YOUR FRIENDS DON'T JOIN YOU.

IT'S OK IF THE WORLD JUDGES YOU.

IT'S OK THAT YOU WANT TO DANCE BAREFOOT
UPON THE EARTH AND ENDLESSLY GAZE UPON THE STARS.

IT'S OK THAT YOU CRY OVER SUNSETS AND CHASE MOONBEAMS.

IT'S WONDERFUL IN FACT. IT'S BEAUTIFUL.

YOU HAVE COME A LONG WAY TO BE WHO YOU ARE.

SO OWN IT. OWN ALL OF IT. LOVE ALL OF YOU.

THE WORLD NEEDS YOU TO BE EXACTLY AS YOU ARE.

YOU HOLD THE BALANCE IN THIS CRAZY WORLD.



ERYKA STANTON